

# **PROGRAMS FOR PROFESSIONALS**

Presented by Horan & McConaty and Shimmering Wings

#### TUESDAY, OCTOBER 29, 2019 HORAN & MCCONATY | 5303 E. COUNTY LINE ROAD, CENTENNIAL, CO 80122

## The Impact of Suicide for Professional Caregivers

#### 8:30-11:30 am

This session will address the unique aspects of grief following a suicide death. We'll describe the unique aspects of the disenfranchised grief experience of family members and friends who have lost a loved one to suicide. Deaths by suicide can be experienced as a traumatic loss, and it is not uncommon for people who've experienced a traumatic death to experience significantly more intense, pervasive, and prolonged symptoms.

In this session, we will:

- Discuss modern grief theory and modern trauma theory
- Differentiate between traumatic grief reactions in contrast to "normal" grief responses, and review what is meant by post-traumatic growth (PTG).
- We will outline specific interventions for providing support to individuals who are grieving a suicide death.

### Understanding the Grief of Addiction and Overdose

1:30-4:30 pm

This session will assist professionals in understanding the unique aspects of family grief when a family member is experiencing a substance use disorder, examined through the lens of Pauline Boss's Ambiguous Grief research and therapy. It will then consider the unique challenges of coping with substance-related deaths and outline evidence-informed approaches for providing support.

After this session, participants will be able to:

- Articulate common modern grief theories in contrast to the traditional stage mode of grief and their applications in cases of addiction and overdose.
- Describe the unique aspects of the disenfranchised grief experience of family members and friends who have lost a loved one to addiction.
- Apply evidence-informed principles of grief support to family members of those experiencing ambiguous grief as a result of addiction and the grief of a substance use death.

\$10 cost per session. Please register at: form.jotform.com/shimmeringwings/whats-your-grief Questions? Call 720.443.3178







Shimmering Wings provides grief support and education

to people of all ages who have experienced a childbood death loss to help them recognize their inner strength and foster healing and connection with others. It's programs include Camp Erin Denver, a free weekend camp for grieving children and teens, ages 6–17, and an overnight camp for adult caregivers of grieving children.